



1. DJK Walking-Day  
Lünen Brambauer / 18.06.2011

## Detailed evaluation

**Sapsford, Donald**

Club: Viermärker Dortmund  
Number: 18002

Course: 18.00 km

Walking 18 km

Total time: 2:07:41

Speed: 8.46 km/h

metres in height up: 118

Course score: 19.77

performance score: 167 Points