



1. DJK Walking-Day  
Lünen Brambauer / 18.06.2011

## Detailed evaluation

Gördes, Torsten

Club: BSG DSW21/DEW21  
Number: 18125

Course: 18.00 km

Nordic Walking 18 km

Total time: 2:01:03

Speed: 8.92 km/h

metres in height up: 118

Course score: 19.77

performance score: 176 Points