



1. DJK Walking-Day
Lünen Brambauer / 18.06.2011

Detailed evaluation

Groll, Frank

Club: WT-Soest
Number: 18145

Course: 18.00 km
Nordic Walking 18 km

Total time: 2:01:14

Speed: 8.91 km/h

metres in height up: 118
Course score: 19.77

performance score: 176 Points