



1. DJK Walking-Day

Lünen Brambauer / 18.06.2011

Detailed evaluation

Lalk, Elke

Club: Tus Falke
Number: 18136

Course: 18.00 km
Nordic Walking 18 km

Total time: 2:12:53

Speed: 8.13 km/h

metres in height up: 118
Course score: 19.77
performance score: 161 Points