



1. DJK Walking-Day
Lünen Brambauer / 18.06.2011

Detailed evaluation

Hagemann, Detlef

Club: Kirchlengern

Number: 18133

Course: 18.00 km

Nordic Walking 18 km

Total time: 2:16:34

Speed: 7.91 km/h

metres in height up: 118

Course score: 19.77

performance score: 156 Points