



1. DJK Walking-Day
Lünen Brambauer / 18.06.2011

Detailed evaluation

Gieseler, Ursula

Club: BSG Delphi/Draka
Number: 18102

Course: 18.00 km
Nordic Walking 18 km

Total time: 2:19:14

Speed: 7.76 km/h

metres in height up: 118
Course score: 19.77

performance score: 153 Points