



1. DJK Walking-Day
Lünen Brambauer / 18.06.2011

Detailed evaluation

Beier, Rudolf

Club: Distel-Walker
Number: 18116

Course: 18.00 km
Nordic Walking 18 km

Total time: 2:23:50

Speed: 7.51 km/h

metres in height up: 118
Course score: 19.77

performance score: 149 Points