



1. DJK Walking-Day
Lünen Brambauer / 18.06.2011

Detailed evaluation

Czwikla, Karin

Club: TBS-Herne

Number: 18138

Course: 18.00 km

Nordic Walking 18 km

Total time: 2:24:36

Speed: 7.47 km/h

metres in height up: 118

Course score: 19.77

performance score: 148 Points