



1. DJK Walking-Day
Lünen Brambauer / 18.06.2011

Detailed evaluation

Conrad, Horst

Club: Hamm

Number: 18140

Course: 18.00 km

Nordic Walking 18 km

Total time: 2:25:02

Speed: 7.45 km/h

metres in height up: 118

Course score: 19.77

performance score: 147 Points