



1. DJK Walking-Day
Lünen Brambauer / 18.06.2011

Detailed evaluation

Lapornik, Norman

Club: BSG DSW21/DEW21

Number: 18131

Course: 18.00 km

Nordic Walking 18 km

Total time: 2:29:24

Speed: 7.23 km/h

metres in height up: 118

Course score: 19.77

performance score: 143 Points