



1. DJK Walking-Day
Lünen Brambauer / 18.06.2011

Detailed evaluation

Kothe, Liesel

Club: Distel-Walker

Number: 5111

Course: 5.00 km

Nordic Walking 5 km

Total time: 53:35

Speed: 5.60 km/h

metres in height up: 47

Course score: 5.71

performance score: 32 Points