



1. DJK Walking-Day  
Lünen Brambauer / 18.06.2011

Detailed evaluation

**Bruns, Heike**

Club: TV Beckum

Number: 5118

Course: 5.00 km

Nordic Walking 5 km

Total time: 40:48

Speed: 7.35 km/h

metres in height up: 47

Course score: 5.71

performance score: 42 Points