



1. DJK Walking-Day
Lünen Brambauer / 18.06.2011

Detailed evaluation

Wrede, Monika

Club: Distel-Walker
Number: 5114

Course: 5.00 km
Nordic Walking 5 km

Total time: 44:56

Speed: 6.68 km/h

metres in height up: 47
Course score: 5.71

performance score: 38 Points