



1. DJK Walking-Day  
Lünen Brambauer / 18.06.2011

Detailed evaluation

Martin, Almut

Club: TLV Rünthe  
Number: 5116

Course: 5.00 km  
Nordic Walking 5 km

Total time: 51:53

Speed: 5.78 km/h

metres in height up: 47  
Course score: 5.71

performance score: 33 Points