



9. Kanonenbahnlauf
Lengenfeld unterm Stein / 25.06.2011

Detailed evaluation

Heintze, Kai

Club: Hainichläufer Mühlhausen
Number: 47

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer M40

Total time: 1:14:20

Speed: 12.91 km/h
Running performance: 4:39 min/km

Rank in course/Total: 13 (of 70)

Rank in course/Men: 13 (of 57)

Best time in course: 59:51

Rank in category: 4(of 10)

Best time in the category: 1:04:32