



9. Kanonenbahnlauf  
Lengenfeld unterm Stein / 25.06.2011

Detailed evaluation

**RIESE, Andreas**

Club: FFw - L.u.St.  
Number: 7

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Männer M45

Total time: 1:14:41

Speed: 12.85 km/h  
Running performance: 4:40 min/km

Rank in course/Total: 16 (of 70)

Rank in course/Men: 16 (of 57)

Best time in course: 59:51

Rank in category: 5(of 13)

Best time in the category: 1:10:18