



9. Kanonenbahnlauf

Lengenfeld unterm Stein / 25.06.2011

Detailed evaluation

Nowinski, Carsten

Club: Lengenfeld unterm Stein

Number: 21

Course: 16.00 km

Kanonenbahnlauf

Category:

Männer M20

Total time: 1:25:09

Speed: 11.27 km/h

Running performance: 5:19 min/km

Rank in course/Total: 44 (of 70)

Rank in course/Men: 41 (of 57)

Best time in course: 59:51

Rank in category: 6(of 7)

Best time in the category: 59:51