



9. Kanonenbahnlauf
Lengenfeld unterm Stein / 25.06.2011

Detailed evaluation

Ruhland, Mathias

Club: FFw Lengenfeld unterm Stein
Number: 43

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer M40

Total time: 1:31:25

Speed: 10.50 km/h
Running performance: 5:43 min/km

Rank in course/Total: 53 (of 70)

Rank in course/Men: 48 (of 57)

Best time in course: 59:51

Rank in category: 8(of 10)

Best time in the category: 1:04:32