



9. Kanonenbahnlauf  
Lengenfeld unterm Stein / 25.06.2011

Detailed evaluation

Heintze, Sandra

Club: Hainichläufer Mühlhausen  
Number: 48

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Frauen W35

Total time: 1:34:36

Speed: 10.15 km/h  
Running performance: 5:55 min/km

Rank in course/Total: 57 (of 70)  
Rank in course/Women: 7 (of 13)  
Best time in course: 1:20:19

Rank in category: 2(of 3)  
Best time in the category: 1:20:19