



9. Kanonenbahnlauf
Lengenfeld unterm Stein / 25.06.2011

Detailed evaluation

Rademacher, Frank

Club: Leinefelde
Number: 46

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer M40

Total time: 1:43:30

Speed: 9.28 km/h
Running performance: 6:28 min/km

Rank in course/Total: 62 (of 70)

Rank in course/Men: 53 (of 57)

Best time in course: 59:51

Rank in category: 9(of 10)

Best time in the category: 1:04:32