



9. Kanonenbahnlauf
Lengenfeld unterm Stein / 25.06.2011

Detailed evaluation

Fritzlar, Helge

Club: Mühlhausen
Number: 63

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer M45

Total time: 1:45:05

Speed: 9.14 km/h
Running performance: 6:34 min/km

Rank in course/Total: 63 (of 70)

Rank in course/Men: 54 (of 57)

Best time in course: 59:51

Rank in category: 12(of 13)

Best time in the category: 1:10:18