



9. Kanonenbahnlauf
Lengenfeld unterm Stein / 25.06.2011

Detailed evaluation

Schönknecht, Mario

Club: ZSG Waltershausen

Number: 143

Course: 7.00 km

Kleiner Kanonenbahnlauf

Category:

Männer M40

Total time: 30:22

Speed: 13.83 km/h

Running performance: 4:20 min/km

Rank in course/Total: 18 (of 51)

Rank in course/Men: 18 (of 42)

Best time in course: 24:27

Rank in category: 3(of 4)

Best time in the category: 27:07