



9. Kanonenbahnlauf
Lengenfeld unterm Stein / 25.06.2011

Detailed evaluation

Hemmerden, Manfred

Club: 1.SC 1911 Heilbad Heiligenstadt
Number: 128

Course: 7.00 km
Kleiner Kanonenbahnlauf

Category:
Männer M60

Total time: 37:42

Speed: 11.14 km/h
Running performance: 5:23 min/km

Rank in course/Total: 39 (of 51)

Rank in course/Men: 38 (of 42)

Best time in course: 24:27

Rank in category: 3(of 3)

Best time in the category: 32:59