



9. Kanonenbahnlauf
Lengenfeld unterm Stein / 25.06.2011

Detailed evaluation

Rudolph, Astrid

Club: Ammern
Number: 103

Course: 7.00 km
Kleiner Kanonenbahnlauf

Category:
Frauen W50

Total time: 37:45
Speed: 11.13 km/h
Running performance: 5:23 min/km
Rank in course/Total: 40 (of 51)
Rank in course/Women: 2 (of 9)
Best time in course: 35:18
Rank in category: 1(of 1)
Best time in the category: 37:45