



9. Kanonenbahnlauf
Lengenfeld unterm Stein / 25.06.2011

Detailed evaluation

Hesse, Kerstin

Club: Runingclinic

Number: 144

Course: 7.00 km

Kleiner Kanonenbahnlauf

Category:

Frauen W45

Total time: 39:33

Speed: 10.62 km/h

Running performance: 5:39 min/km

Rank in course/Total: 45 (of 51)

Rank in course/Women: 6 (of 9)

Best time in course: 35:18

Rank in category: 3(of 3)

Best time in the category: 35:18