



9. Kanonenbahnlauf
Lengenfeld unterm Stein / 25.06.2011

Detailed evaluation

Kaup, Jens

Club: Vampisol Münden
Number: 124

Course: 7.00 km
Kleiner Kanonenbahnlauf

Category:
Männer M45

Total time: 41:57

Speed: 10.01 km/h
Running performance: 5:59 min/km

Rank in course/Total: 46 (of 51)

Rank in course/Men: 40 (of 42)

Best time in course: 24:27

Rank in category: 8(of 8)

Best time in the category: 25:07