



9. Kanonenbahnlauf
Lengenfeld unterm Stein / 25.06.2011

Detailed evaluation

Beyer, Steffen

Club: VfL 28 Ellrich
Number: 16

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer M45

Total time: 1:11:05

Speed: 13.51 km/h
Running performance: 4:26 min/km

Rank in course/Total: 8 (of 70)

Rank in course/Men: 8 (of 57)

Best time in course: 59:51

Rank in category: 2(of 13)

Best time in the category: 1:10:18