



26. stz-Werratal-Triathlon/6. Jedermann Triathlon
 Naherholungszentrum Immelborn / 07.08.2011

Detailed evaluation

Bärwolf, Silvia

Total time: 1:11:12

Club: Laufftreff Breitungen
 Number: 139

Course: 19.30 km
 Jedermann-Triathlon 0,3-14,0-5,0

Rank in course/Total: 42 (of 50)
 Rank in course/Women: 6 (of 9)
 Best time in course: 1:00:12

Category:
 Seniorinnen

Rank in category: 4(of 5)
 Best time in the category: 1:00:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.30	9:42	32:20	5	1:40	7	1:40	0.30	9:42	32:20	4	1:40	6	1:40
Rad	14.00	32:46	2:20	5	8:05	8	8:05	14.30	42:28	2:58	4	9:45	6	9:45
Lauf	5.00	28:44	5:44	4	2:59	4	2:59	19.30	1:11:12	3:41	4	11:00	6	11:00