



17. Hainichlauf
Mihla / 26.06.2011

Detailed evaluation

Enge, Uwe

Club: TSG Ruhla/RSV03
Number: 228

Course: 13.00 km
Mittelstrecke

Category:
Männer M45

Total time: 1:04:16

Speed: 12.14 km/h
Running performance: 4:56 min/km

Rank in course/Total: 41 (of 98)

Rank in course/Men: 38 (of 72)

Best time in course: 45:40

Rank in category: 4(of 14)

Best time in the category: 56:32