



17. Hainichlauf
Mihla / 26.06.2011

Detailed evaluation

Speck, Wilfried

Club: SV Hitzerode
Number: 300

Course: 13.00 km
Mittelstrecke

Category:
Männer M55

Total time: 1:04:40

Speed: 12.06 km/h
Running performance: 4:58 min/km

Rank in course/Total: 42 (of 98)

Rank in course/Men: 39 (of 72)

Best time in course: 45:40

Rank in category: 5(of 7)

Best time in the category: 1:00:06