



17. Hainichlauf
Mihla / 26.06.2011

Detailed evaluation

Pohl, Wolfgang

Club: SV Normania Treffurt
Number: 222

Course: 13.00 km
Mittelstrecke

Category:
Männer M55

Total time: 1:04:51

Speed: 12.03 km/h
Running performance: 4:59 min/km

Rank in course/Total: 45 (of 98)

Rank in course/Men: 41 (of 72)

Best time in course: 45:40

Rank in category: 6(of 7)

Best time in the category: 1:00:06