



17. Hainichlauf  
Mihla / 26.06.2011

## Detailed evaluation

**Dunkel, Frank**

Club: SV Normania Treffurt  
Number: 254

Course: 13.00 km  
Mittelstrecke

Category:  
Männer M45

Total time: 1:08:18

Speed: 11.42 km/h  
Running performance: 5:15 min/km

Rank in course/Total: 54 (of 98)

Rank in course/Men: 46 (of 72)

Best time in course: 45:40

Rank in category: 6(of 14)

Best time in the category: 56:32