



17. Hainichlauf
Mihla / 26.06.2011

Detailed evaluation

Gratz, Ralf

Club: Tiefenort
Number: 204

Course: 13.00 km
Mittelstrecke

Category:
Männer M45

Total time: 1:08:24

Speed: 11.40 km/h
Running performance: 5:16 min/km

Rank in course/Total: 55 (of 98)

Rank in course/Men: 47 (of 72)

Best time in course: 45:40

Rank in category: 7(of 14)

Best time in the category: 56:32