



17. Hainichlauf
Mihla / 26.06.2011

Detailed evaluation

Sömmer, Fred

Club: BSG Wartburg-Sparkasse
Number: 215

Course: 13.00 km
Mittelstrecke

Category:
Männer M45

Total time: 1:11:04

Speed: 10.98 km/h
Running performance: 5:28 min/km

Rank in course/Total: 62 (of 98)

Rank in course/Men: 53 (of 72)

Best time in course: 45:40

Rank in category: 8(of 14)

Best time in the category: 56:32