



17. Hainichlauf  
Mihla / 26.06.2011

## Detailed evaluation

**Rikirsch, Roland**

Club: Creuzburg  
Number: 284

Course: 13.00 km  
Mittelstrecke

Category:  
Männer M65

Total time: 1:13:15

Speed: 10.65 km/h  
Running performance: 5:38 min/km

Rank in course/Total: 67 (of 98)

Rank in course/Men: 58 (of 72)

Best time in course: 45:40

Rank in category: 1(of 2)

Best time in the category: 1:13:15