



17. Hainichlauf
Mihla / 26.06.2011

Detailed evaluation

Matthes, Jan

Club: Laufftreff Breitungen
Number: 269

Course: 13.00 km
Mittelstrecke

Category:
Männer M45

Total time: 1:13:59

Speed: 10.54 km/h

Running performance: 5:41 min/km

Rank in course/Total: 70 (of 98)

Rank in course/Men: 60 (of 72)

Best time in course: 45:40

Rank in category: 12(of 14)

Best time in the category: 56:32