



17. Hainichlauf  
Mihla / 26.06.2011

## Detailed evaluation

Apel, Michaela

Club: Erfurt  
Number: 247

Course: 13.00 km  
Mittelstrecke

Category:  
Frauen W20

Total time: 1:19:50

Speed: 9.77 km/h  
Running performance: 6:08 min/km

Rank in course/Total: 85 (of 98)  
Rank in course/Women: 15 (of 26)  
Best time in course: 1:00:16

Rank in category: 3(of 3)  
Best time in the category: 1:00:16