



17. Hainichlauf  
Mihla / 26.06.2011

## Detailed evaluation

**Metz, Karin**

Club: Spargelläufer Herbsleben  
Number: 297

Course: 13.00 km  
Mittelstrecke

Category:  
Frauen W55

Total time: 1:34:57

Speed: 8.21 km/h  
Running performance: 7:18 min/km

Rank in course/Total: 94 (of 98)

Rank in course/Women: 22 (of 26)

Best time in course: 1:00:16

Rank in category: 1(of 1)

Best time in the category: 1:34:57