



17. Hainichlauf
Mihla / 26.06.2011

Detailed evaluation

Michalk, Bernhard

Club: Rudolstadt
Number: 411

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 1:41:03

Speed: 12.47 km/h
Running performance: 4:47 min/km

Rank in course/Total: 17 (of 59)

Rank in course/Men: 17 (of 52)

Best time in course: 1:16:24

Rank in category: 5(of 12)

Best time in the category: 1:21:53