



17. Hainichlauf
Mihla / 26.06.2011

Detailed evaluation

Nölker, Jens

Club: SG Mülana Mühlhausen
Number: 432

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 1:53:34

Speed: 11.09 km/h
Running performance: 5:23 min/km

Rank in course/Total: 39 (of 59)

Rank in course/Men: 38 (of 52)

Best time in course: 1:16:24

Rank in category: 11(of 12)

Best time in the category: 1:22:58