



17. Hainichlauf  
Mihla / 26.06.2011

## Detailed evaluation

**Seifert, Matthias**

Club: FSV Preußen  
Number: 438

Course: 21.10 km  
Halbmarathon

Category:  
Männer M40

Total time: 2:14:37

Speed: 9.36 km/h  
Running performance: 6:23 min/km

Rank in course/Total: 54 (of 59)

Rank in course/Men: 50 (of 52)

Best time in course: 1:16:24

Rank in category: 12(of 12)

Best time in the category: 1:22:58