



17. Hainichlauf  
Mihla / 26.06.2011

## Detailed evaluation

**Rommel, Knut**

Club: Bad Liebenstein  
Number: 102

Course: 6.00 km  
Kurzstrecke

Category:  
Männer M45

Total time: 28:55

Speed: 12.45 km/h  
Running performance: 4:49 min/km

Rank in course/Total: 11 (of 26)

Rank in course/Men: 8 (of 17)

Best time in course: 24:48

Rank in category: 3(of 3)

Best time in the category: 27:27