



17. Hainichlauf
Mihla / 26.06.2011

Detailed evaluation

Esche, Karsten

Club: LSV Lok Arnstadt
Number: 71

Course: 13.00 km
Walking, N.-Walking Mittelstrecke

Category:
Walking, Nordic Walking Männer

Total time: 1:33:00

Speed: 8.39 km/h
Running performance: 7:09 min/km

Rank in course/Total: 1 (of 12)

Rank in course/Men: 1 (of 6)

Best time in course: 1:33:00

Rank in category: 1(of 6)

Best time in the category: 1:33:00