



17. Hainichlauf
Mihla / 26.06.2011

Detailed evaluation

Krieghoff, Lothar

Club: UH-Runners
Number: 121

Course: 6.00 km
Kurzstrecke

Category:
Männer M65

Total time: 31:45

Speed: 11.34 km/h
Running performance: 5:17 min/km

Rank in course/Total: 17 (of 26)

Rank in course/Men: 13 (of 17)

Best time in course: 24:48

Rank in category: 2(of 4)

Best time in the category: 30:46