



17. Hainichlauf  
Mihla / 26.06.2011

## Detailed evaluation

Helbig, H.-Peter

Club: Stedtfelder Rennsteigfreunde  
Number: 120

Course: 6.00 km  
Kurzstrecke

Category:  
Männer M65

Total time: 33:53

Speed: 10.62 km/h  
Running performance: 5:39 min/km

Rank in course/Total: 19 (of 26)

Rank in course/Men: 14 (of 17)

Best time in course: 24:48

Rank in category: 3(of 4)

Best time in the category: 30:46