



17. Hainichlauf
Mihla / 26.06.2011

Detailed evaluation

Siemon, Thomas

Club: Creuzburg ST Scherbda
Number: 255

Course: 13.00 km
Mittelstrecke

Category:
Männer M45

Total time: 56:32

Speed: 13.80 km/h
Running performance: 4:21 min/km

Rank in course/Total: 13 (of 98)

Rank in course/Men: 13 (of 72)

Best time in course: 45:40

Rank in category: 1(of 14)

Best time in the category: 56:32