



17. Hainichlauf
Mihla / 26.06.2011

Detailed evaluation

Jakob, Thomas

Club: Lutter
Number: 296

Course: 13.00 km
Mittelstrecke

Category:
Männer M40

Total time: 1:01:00

Speed: 12.79 km/h
Running performance: 4:41 min/km

Rank in course/Total: 29 (of 98)

Rank in course/Men: 27 (of 72)

Best time in course: 45:40

Rank in category: 6(of 11)

Best time in the category: 55:45