



5. Thüringen ULTRA  
Fröttstädt / 02.07.2011

Detailed evaluation

Rolands Jüngste-2.Ausgabe

Number: 2009

Course: 100.00 km

Staffel 2x50 km

Category:

Mixstaffel

Total time: 9:43:34

Speed: 10.28 km/h

Running performance: 5:50 min/km

Rank in course: 7 (of 15)

Best time in course: 7:53:11

Rank in category: 4(of 6)

Best time in the category: 8:26:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Floh-Seligenthal	50.88	4:49:20	5:41	3	31:40	6	43:34	50.88	4:49:20	5:41	4	31:40	7	43:34
Fröttstädt	48.12	4:54:14	6:06	4	46:17	10	1:06:49	100.00	9:43:34	5:50	4	1:17:02	7	1:50:23