



32. Schwarzatal-Lauf  
Bad Blankenburg / 02.07.2011

Detailed evaluation

Steinke, Gudrun

Club: Saalfelder LV  
Number: 119

Course: 10.00 km  
10 km-Lauf

Category:  
Frauen W75

Total time: 1:13:17

Speed: 8.19 km/h  
Running performance: 7:20 min/km

Rank in course/Total: 55 (of 55)  
Rank in course/Women: 12 (of 12)  
Best time in course: 41:33

Rank in category: 1(of 1)  
Best time in the category: 1:13:17