



32. Schwarzatal-Lauf  
Bad Blankenburg / 02.07.2011

Detailed evaluation

Marquardt, Christian

Club: FSV Rudolstadt Ost  
Number: 228

Course: 20.00 km  
20 km-Lauf

Category:  
Männer M20

Total time: 1:20:23

Speed: 14.93 km/h  
Running performance: 4:01 min/km

Rank in course/Total: 5 (of 41)

Rank in course/Men: 5 (of 40)

Best time in course: 1:10:02

Rank in category: 3(of 7)

Best time in the category: 1:10:02